

Jesus Christ the Bread of Life
(John 6:35-40, 53-58)

³⁵ And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.

³⁶ But I said to you that you have seen Me and yet do not believe. ³⁷ All that the Father gives Me will come to Me, and the one who comes to Me I will by no means cast out. ³⁸ For I have come down from heaven, not to do My own will, but the will of Him who sent Me. ³⁹ This is the will of the Father who sent Me, that of all He has given Me I should lose nothing, but should raise it up at the last day. ⁴⁰ And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I will raise him up at the last day."

⁵³ Then Jesus said to them, "Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you. ⁵⁴ Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. ⁵⁵ For My flesh is food indeed, and My blood is drink indeed. ⁵⁶ He who eats My flesh and drinks My blood abides in Me, and I in him. ⁵⁷ As the living Father sent Me, and I live because of the Father, so he who feeds on Me will live because of Me. ⁵⁸ This is the bread which came down from heaven— not as your fathers ate the manna, and are dead. He who eats this bread will live forever."

The Gospel of Jesus Christ

(Basic Truths that Christians believe, believing them will make you eligible for Communion)

We believe in the inspired Word of God which is without error in all that it affirms. Scripture (The Bible) provides the basis for our Christian faith (2 Timothy 3:16).

We believe in the Divine Nature of the Trinity: God the Father, Jesus Christ the Son, and the Holy Spirit (Deuteronomy 5:6; John 1:1-3; 1 Corinthians 2:10-11).

All men and women are sinners by nature in need of a Savior. We need God's grace and mercy (Romans 3:10-23; Isaiah 45:22).

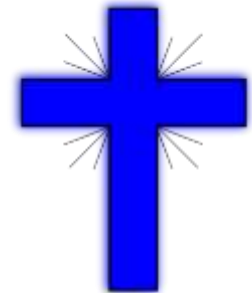
That Savior is Jesus Christ, who paid for all our sins at the cross (Hebrews 10:12).

Those who trust in Him in faith (believe upon His Work and Promises) attain to eternal life (John 3:16; Ephesians 2:8-9).

The Communion Table

"For I received from the Lord that which I also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me." In the same manner He also took the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me.""

(1 Corinthians 11:23-25, NKJV)



Firm Foundation Christian Church
84 Cumberland Street
Woonsocket, RI
(401)765-0107
www.firmfoundationri.com
Worship Service, Sundays, 10 am

The Communion Table, also called the Lord's Table and the Breaking of Bread, is one of the two Christian ordinances given by Jesus Christ Himself for all Christians to participate in (the other is Christian baptism by water). In this pamphlet, we will answer some common questions about the Communion table.

Q1: What does Communion mean?

A1: The word, "communion", means a union with someone. As a Christian, this means union with Christ. That union is based on the fact that Jesus died on the cross and shed blood for you.

"The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?" (1 Corinthians 10:16)

Q2: Who should participate in Communion?

A2: Only people who have faith in Jesus Christ and are truly sorry for their sins should participate.

"Blessed are the poor in spirit, for theirs is the kingdom of heaven" (Matthew 5:3)

Q3: Who should not participate in Communion?

A3: People who do not trust Jesus Christ for their salvation, and people who are not truly sorry for their sins, should not participate.

"Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord" (1 Corinthians 11:27)

Q4: If I sin, should I stay away from Communion?

A4: If you plan to keep sinning, yes, you should stay away. But if you are sorry before God for sinning, then you should pray, and God promises to forgive you.

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9)

Q5: How old do you have to be to participate in Communion?

A5: The Bible does not give an age. If you can demonstrate full understanding of the gospel of Jesus Christ—that He died for your sin and rose from the dead—and really believe it in your heart, then you are old enough.

"But he who is joined to the Lord is one spirit with Him" (1 Corinthians 6:17)