

Book of Judges, Bible Book Summary, Firm Foundation Christian Church,
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1. Judges is the 7th Book in the Bible, in the Old Testament. It is called Judges because the people who led Israel were called Judges. God was Israel's King in the days before Israel had human kings also.
2. According to tradition, Samuel wrote the Book of Judges.
3. Judges covers the years from approximately 1380 BC to 1043 BC.
4. The cycle in Judges that was repeated is that of sin, bondage, repentance, deliverance, and peace. This national cycle is repeated throughout the Book of Judges. It is also repeated throughout all of our lives.
 - a. Sin: we do something wrong against God and/or another person
 - b. Bondage: our sin has consequences
 - c. Repentance: we confess our sins to God and/or apologize to the other person that we have affected by our actions
 - d. Deliverance: we are free from the control of the sin
 - e. Peace: God gives us peace because He forgives us, and we don't have to be afraid or ashamed of anything anymore
5. Twelve Judges in the Book of Judges (Chapters 1-16)
 - a. Othniel
 - b. Ehud
 - c. Shamgar
 - d. Barak/Deborah
 - e. Gideon
 - f. Tola
 - g. Jair
 - h. Jephthah
 - i. Ibzan
 - j. Elon
 - k. Abdon
 - l. Samson

6. Other Stories from the Time Period Included in Judges (Chapters 17-21)
 - a. Micah's Idolatry
 - b. Benjamin's Sin
7. The Key Verse and Lesson in the Book of Judges
 - a. Judges 21:25 (the last verse in the Book of Judges): "In those days there was no king in Israel; everyone did what was right in his own eyes."
 - b. Lesson: Without God (Jesus) in our lives, we will live hard lives full of sin and the troubles which we cause when we do sin. In John 15:5, Jesus said, "Without Me you can do nothing."
8. Consider what sin is and how we have troubles when we do sin. And review point 4 above, and apply it to our own life situations.